

Clinical Supervision with a Feminist Therapist

JOIN THE SEASONAL GROUP PRACTICE

6 small group meetings with vania sukola, BAsC, RP

2025 Cohort Dates:

Mondays Feb 24, April 14, June 9, July 27, Sept 22, Nov 24

This group is for practitioners who want to deepen their feminist therapy practice. We will meet six times over the course of the year. Each meeting will have time to deepen our therapy skills and explore complex issues. There will be designated time to discuss cases, offer new resources as well as focus on feminist therapy, somatic-based and parts work modalities. I also strongly believe we need to care for ourselves in order to care for others, so meetings will also include time to hold space for ourselves and each other.

Meetings will be offered from **9:30 to 11:30EST**. They are virtual group meetings. Please note: any therapist or care provider who works in this area of focus is welcome to attend. There is an expectation to attend at least 5 sessions. Space is limited for this closed group, with between 6 - 8 members.

Cost for all 6 meetings is \$480 (\$80 each session).

Style of Supervision

I work from an intersectional feminist anti-oppression framework, and my supervision style is relational and somatic-based. I provide support in a breadth of areas and modalities, and focus on the impact of trauma due to gender-based violence or birth trauma. Another speciality i focus on is supporting therapists who are parents, and helping find a balance with the demands of being both a therapist and a parent. I have acquired the necessary training to offer Clinical Supervision for psychotherapists in Ontario.



About vania (she/her)

vania is a Registered Psychotherapist. She worked in the community mental health and gender-based violence sector for over 20 years. Now, in private practice, her focus is on providing therapy to people to help heal attachment wounds, relational trauma and sexual violence. Vania also supports people with the transition into parenthood. She has a unique focus on the intersection of previous trauma and how it impacts parenthood.

Contact vania to register, learn more or to save a spot: info@vaniasukola.ca